Example in MLA 8th Edition: Annotated Bibliography


Set in 17th century puritan Boston, this book deals with how societal norms affect those living outside social standards and calls into consideration establishing one’s own moral and spiritual code.

This useful source supports the argument that there are incongruous standards for women when dealing with sex, and living outside the societal norms. This is similar to arguments made in Kristof and WuDunn’s, *Half the Sky*.


This research reviews correlations between self-silencing habits and anxiety and depression in college aged women. Using surveys to gather information, this study concludes that rejecting appearance norms leads to lower levels of stress and higher academic engagement.

This potentially useful source supports the argument that women who feel pressure to ‘be perfect’ as a social norm can have increased anxiety and depression. This is similar to themes found in *A Scarlet Letter* by Nathaniel Hawthorne.