Occupational Research Worksheet

1) Take some time and review the information and careers from all the assessments and activities you have taken and explored.

List 1-4 careers or fields of interest that seem to “fit” you according to your interests, personality, skills, and values.

1. 
2. 
3. 
4. 

2) Choose one you would like to explore and research: ______________________

Choose an Occupational Research Database and answer the following questions regarding the career or general field of interest you have chosen to research. You may have to use several sites.

3) List the typical duties and responsibilities. Circle those which really inspire you?

4) What is the average salary for someone entering or working in this field?

5) What degrees, training, or experience is needed for this career / field?

6) What is the employment outlook for this career / field?
7) What are some related occupations?

8) What possible barriers do you see in pursuing / obtaining this career or the training needed?

9) How does this choice reflect what you know about yourself? In other words, what makes this a good “fit” for you as it relates to your personality, interests, strengths and values?

10) Share your answers and research with someone you know.